

# TED UNIVERSITY

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## FACULTY OF EDUCATION Guidance and Psychological Counseling GPC 201 Life Span Development

2016-2017 Fall Semester, Monday 16:00-17:50 Room DB-14, Tuesday 09:00-10:50 Room: K-183

Thursday: 09-10:50 Room: D-028

**Instructor:** Assist.Prof.Dr. Funda KUTLU

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**Office Hour:** to send e-mail me for your questions, or you ask between or after lectures. The assistant of the course is Sevgi (Ulukaya) Serhatoğlu, you can also consult to her.

**CATALOG DESCRIPTION:** Determining the Nature and Nurture of Lifespan Development. Theoretical Perspectives. Research in Lifespan Development. Genetics, Prenatal Development, and Birth. Physical Growth and Aging Across The Lifespan. Cognitive Development. Social and Emotional Development. Death and Grieving: The End of Life.

### LEARNING OUTCOMES:

Upon successful completion of this course, a student will be able to

1. outline the physical, cognitive, moral, and psychosocial development changes and milestones of the individual throughout the lifespan
2. analyze the interrelated influences of culture, heredity, physiology, environment, and social context on development throughout the lifespan
3. discuss how knowledge of lifespan development information and theory can inform decision-making within individuals, families, schools, health and social service systems and the larger community
4. discuss how knowledge of lifespan development information and theory can be applied to practice in various professions
5. explain multicultural implications (including issues of race, ethnicity, sexual orientation, gender, immigrant status, history, trauma, etc.) of applying life span development theories with clients/students dealing with these issues.

### TEXTBOOK:

Feldman, R.S., (2014). Life span development: A topical approach, Pearson, ISBN 13: 978-1-292-02216-1.

### Suggested Reading:

Steinberg, L, Bornstein, M.H., Lowe Vandell, D. and S. Rook, K. (2011). Lifespan development: Infancy through adulthood, Wadsworth Cengage Learning, ISBN 13: 978-0-495-83009-2

Santrock, J.W. (2012). Lifespan development: Developmental psychology; McGraw Hill, ISBN-13: 978-0078035326,

Steinberg, L. (2010). Adolescence, McGraw Hill, ISBN-13: 978-0073532035

Journal of Adolescence (hard copies available at TEDU library, <http://www.journals.elsevier.com/journal-of-adolescence>)

Week	Dates	TOPIC	CHAPTER ASSIGNMENT and extra activities
1	Sept. 26 - 27/29	An orientation to Lifespan Development	Feldman: 1
2	Oct. 3-4/6	Genetics and prenatal development and birth	Feldman: 2 Documentary: National Geographic (03.Oct.2016)
3	Oct. 10-11/13	Physical growth and aging through life span	Feldman: 3 Searching for healthy life tips on internet
4	Oct. 17-18/20	Cognitive Growth: Piaget and Vygotsky	Feldman: 5 Video on cognitive development
5	Oct. 24-25/27	Language Development	Feldman: 7 Guest Speaker: Assoc.Prof.Dr. Emel ERDOĞAN BAKAR "Brain Development" (Oct. 24, 2016)
6	Oct. 31- Nov.1/3	Intelligence	Feldman 8
7	Nov. 7-8/10	<b>MIDTERM (Nov 7, 2016)</b> Social and Emotional Development	Feldman 9 Video on Language development <a href="https://www.youtube.com/watch?v=gLXxcspCeK8">https://www.youtube.com/watch?v=gLXxcspCeK8</a> <a href="https://www.youtube.com/watch?v=3gU-B0-DCKI">https://www.youtube.com/watch?v=3gU-B0-DCKI</a>
8	Nov. 14-15/17	Development of Self	Feldman: 10 Video on attachment theory
9	Nov. 21-22/24	Moral Development and aggression	Feldman: 11 Guest Speaker: Assoc.Prof.Dr. Eda KARACAN "Generativity" (Nov.21, 2016)
10	Nov. 28- 29/Dec.1	Gender and Sexuality	Feldman: 12 Video on gender identity
11	Dec. 5-6/8	Friends and Family	Feldman: 14 Guest Speaker: Assist. Muhittin Şahin (Dec, 5, 2016)
12	Dec. 12-13/15	Death and dying	Feldman: 15 Video: "Freedom Writer" (Dec. 12, 2016)
13	Dec. 19-20/22	Covering the topics of the book	Student's preparation and presentations of the assigned brochure
14	Dec. 26-27/29	Evaluation of the course,	Student's preparation and presentations of the assigned brochure
	January 2017	<b>FINAL EXAM</b>	

## Course Evaluation

**Mid term exam:** A written exam consists of multiple choice and/or open ended questions. 30%

**Final exam:** A written exam consists of various type of questions. 40%

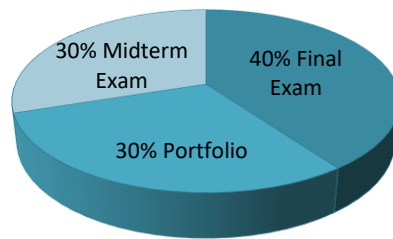
**Portfolio:** Consists of

- Select one of the below topics to prepare a **Brochure** for parents/people (15%), due December 26 2016;
  - a brochure on a child's first year including physical, social/emotional and cognitive developmental pathways
  - a brochure on the effect of play on children's cognitive development
  - a brochure on the effects of child's sexual abuse on physical, social/emotional and cognitive development
  - a brochure on adolescents' cognitive development on decision making
  - a brochure on Alzheimer disease
  - a brochure on healthy aging
  - OR you can select a topic for yourself. You should inform the lecturer about the topic until Nov, 14, 2016.

How will you prepare your brochure?

- It will be tri-fold brochure,
  - One panel/column on paper will be the cover page,
  - Other five panel/columns will have the information about the topic, so think about the order and the content of the information carefully
  - The information must be understood by the readers who will be parents or common people, not professionals.
  - You can search web sites on internet for brochures on the selected topic to get an inspiration BUT you CANNOT BE ALLOWED to give the same brochure on the internet. **The brochure must be designed and prepared by you.**
  - Two students can prepare a brochure,
  - The deadline of the brochures is **Dec., 26, 2016**. You have to deliver both a hard copy and an electronic copy (CD) for your brochure.
- Paper on **Dr. Emel Erdoğan BAKAR's "Brain Development" speech** (10%) due November 14 2016. Paper no more than 3 pages (1.5 sentence distance and Calibri) and one cover page.
  - Comment papers on video presentations in the class (5%)

### Course Evaluation



### COURSE SPECIFIC PROCEDURES:

- ***Turn cell phones off during class.***
- Attendance and active participation to class activities are vital.
- Late assignments are severely penalized – PLAN AHEAD! Internet problems are not an excuse!
- No make-up exams unless due to a university-approved absence. I understand that things do come up, so exceptions are possible if prior arrangements are made with me.

GOOD LUCK!