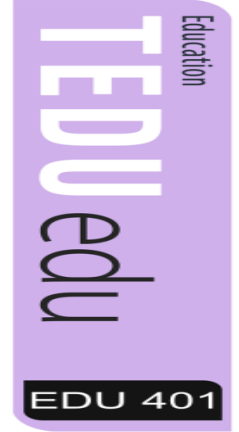




Ted University
Faculty Of Education
Department of Elementary Education



**EGE 441 - MOTOR DEVELOPMENT AND
PHYSICAL EDUCATION**
(1+2+0) 2 Credits / 4 ECTS Credits

Fall, 2016 Course Syllabus

Instructor : Dr. Fehmi TUNCEL

Syllabus

Outline

Course Number	:	EGE 441
Course Title	:	Motor Development and Physical Education
Number of Credit Hours	:	2 Credits / 4 ECTS
Required or Elective	:	Required
Term	:	Fall, 2016
Meeting Day and Time	:	Monday 11:00-12:00 Gymnasium Monday 19:00-20:00 Gymnasium Monday 12:00-13:00 D 224

Professor/Instructor

Dr. Fehmi TUNCEL Office Hours : Wednesday 13:30-15:00	Telephone : 0 (312) 600 01 00 / 1647 E-mail Address : ftuncel@ankara.edu.tr
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Required Texts

David L. Gallhue and John C. Oxmun. Understanding Motor Development; Infants, Children, Adolescents, Adults. WCB Brown & Bechmark Publishers, 1995.

Winifred Van Hagen, Genevie Dexter, Jesse Feiring Williams. Physical Education in the Elementary School. California State Department of Education, Sacramento, 1951.

American Psychological Association [APA] (2010). Publication manual of the American Psychological Association (6th ed.). Washington, DC, US: American Psychological Association.

Supplementary Readings

PHE Canada EPS Canada; Position Paper Physical Literacy for Educators. James Mandigo, Nancy Francis, Ken Lodewyk, Ron Lopez; Brock University, June, 2009.

Child Development Principle and Theories. Copyright © The Goodheart-Willcox Co., Inc.

Teaching Physical Education. Muska Mosston & Sara Ashworth. First Onlide Edition, 2008.

A. Aktop & N. Karahan. Physical education teacher's views of effective teaching methods in physical education. SciVerse ScienceDirect; Procedia Social and Behavioral Sciences; 2012, pp. 1910-1913.

Aim of the Course

The aim of this course is to provide the students who take this course with the knowledge of motor development stages at different age groups especially for the age groups of pre-school and elementary school students. At the end of semester after taking this course the students are expected to know the basic theories, principles and characteristics of motor development. They will improve their knowledge by practicing the gross-motor and fine-motor skills related drills at the gymnasium. The students of this course are also expected to develop their consciousness level about the importance of physical activities for the health improvement of above mentioned age group children. It is a scientific fact that inactivity is causing obesity among elementary age children and is a basic continuous health problem in the World and our country for the children. It is also known that involvement in daily physical activity is a very effective way to prevent these kinds of health problems. Therefore, the students who take this course are also expected to learn the ways to get children to take part in planned physical activities, to know about exercises helpful to get children involved in activities, first-aid rules, warm-up exercises and so on. At the end of the semester the students of this course are expected to practice planned physical activities by using different teaching methods/techniques and by taking the role of teacher in the classroom.

Course Description

Theories and principles of motor development. Phases of motor development. Characteristics of motor development in children. Role of physical education on human development. Teaching methods of physical education. Exercises suitable for children's movement development. Warm-up exercises. Individual and pair exercises. Injuries, accidents, and strains during physical activity in physical education classes as well as everyday life. First-aid. The characteristics of the gymnasium for children. Course tools and materials for physical education and their properties. Sports and health. Sports and social life.

Course Learning Outcomes

At the end of this course, students will :

1. Relate the knowledge of motor development phases, principles and characteristics to preschool and elementary school level students;
2. Realize the role and importance of physical education on human development and practice with the students some gross and fine motor skill development applications;
3. Know different teaching methods used in physical education settings and apply at least some of them in gymnasium or classroom;
4. Be aware of the importance of warm-up in physical activities and also be able to practice some warm-up related exercise along with individual and pair exercises;
5. Realize basic injury mechanisms faced in daily life and during physical activity and know and apply the first-aid for such situations. Also know the characteristics of the gymnasium for children and be aware of the way to use physical activity tools and materials in order to prevent accidents and injuries;
6. Be familiar with basic concepts about sports and health, sports and social life.

EVALUATION PROCEDURES (Assignment, Presentation, Taking the Role of Teacher, Application/Practice, Quiz)

Evaluation Type	Percentage
Quiz	10 %
Presentation (theory and practice)	15 %
Written Test	15 %
MIDTERM	TOTAL 40 %
Quiz	% 15
Presentation (theory and practice)	% 20
Written Test	% 25
FINAL	TOTAL 60 %

MIDTERM (Total % 40) + FINAL (Total % 60) = % 100

Attendance is required for this course. Therefore, students are expected to attend the class and actively participate in discussions. After each week's planned topics are covered, a possible quiz will be given at the following week. The total points gained from the quizzes will be calculated by adding the points achieved from the total number of quizzes gained and this total points will be divided by the number of quizzes taken. Presentation is expected to be original. Each student will search the following week's topic given by the instructor and will come to class ready to share this topic and present it. After oral presentation, this topic will be practiced in the gymnasium with the leadership and role of teacher by each student at a time and meanwhile others taking the role of follower or student. The written test will include the knowledge presented in the class by the instructor and shared during the weeks to the time of midterm or final.

Plagiarism

Plagiarism is a form of dishonesty that occurs when a person passes off someone else's work as his or her own. Inappropriate citations or failing to cite are two common forms of plagiarism. Moreover, cutting and pasting paragraphs from different websites is also plagiarism. Please, appropriately cite your work and avoid plagiarism that is strictly forbidden (See APA, 2010).

Weekly Schedule

Week and Date	Topic	Content	Next Lesson
Week 1 – (26/09/2016)	-Child Development; -Principles of Development;	- Areas of Development; -Physical Development : .Gross-motor development, .Fine-motor development.	-Read the shared slides by the instructor and get ready for the next topic.
Week 2 – 03/10/2016)	-Child Development; -Principles of Development;	-Cognitive Development; -Social-Emotional Development;	-Study the topics covered so far and get ready for quiz next week.
Week 3 – (10/10/2016)	-1. Quiz to Give -Principles of Development – Brain Development	-Evaluating the quiz and learning from it; -Discussing brain development as part of principle of development. -Introduction to “Theories of Development”; - Video related to the importance of physical activity and necessity of 60 min. Physical Activity for children.	-Search and find a video about the gross and fine motor skills development, present it in the classroom and get ready to take the teacher role to practice in the gymnasium.

Week 4 – (17/10/2016)	-Theories of Development;	<p>-Four major theories about how children learn will be discussed. These include theories of mid-twentieth-century psychologists Erik Erikson, Jean Piaget and Lev Vygotsky. The final theorist, Howard Gardner, is a twenty-first-century developmental psychologist.</p> <p>- Presenting the videos by each student which include gross and fine motor skill development.</p>	<p>-Read and study the slides shared by the instructor about the contents discussed this week;</p> <p>-Be prepared for quiz.</p>
Week 5 – (24/10/2016)	-2. Quiz to Give -Phases of Development	<p>-Evaluating the quiz in order to learn about it and to review the topic;</p> <p>-Discussing the four predictable phases of motor development.</p>	<p>-Read and study the slides shared by the instructor about the contents discussed this week;</p> <p>-Be prepared for quiz.</p>
Week 6 – (31/10/2016)	-3. Quiz to Give -Motor Development Characteristics	<p>-Evaluating the quiz in order to learn about it and to review the topic;</p> <p>-Discussing Gross-Motor Skills/Locomotor Skills; Perceptual-Motor Skills.</p>	<p>-Read and study the slides shared by the instructor about the contents discussed this week;</p>
Week 7 – (07/11/2016)	-The Role of Physical Education in Human Development -Physical Education Practices in Human Development	<p>-Going through the topic discussed in addition to some new concepts;</p> <p>-Continue practicing the different games and exercises for children.</p>	<p>-Study and review the materials for midterm;</p>
Week 8 – (14/11/2016)	-Midterm -Exercises Suitable for Children's Movement Development	<p>-Evaluating the midterm in order to learn from it and to review the topics covered so far;</p>	<p>-Start reading about teaching methods in physical education.</p>
Week 9 – (21/11/2016)	-Teaching Methods of Physical Education. -Warm-up Exercises.	<p>-Command style and how to implement command style; Why participate in command style?</p> <p>-The practice style.</p>	<p>-Review the materials discussed and get ready for quiz about the topic.</p>

Week 10 – (28/11/2016)	-4. Quiz to Give -Teaching Methods of Physical Education.	-Evaluate quiz and learn through it; -Discuss the reciprocal style; Self-check style; the inclusion style.	-Start studying injuries, accidents and first-aid.
Week 11 – (05/12/2016)	-Injuries, accidents, and strains during physical activity in physical education classes as well as everyday life. -First-aid.	-Discussing injuries, accidents and first-aid concepts and principles; -Practicing injury mechanisms and first-aid applications.	-Review the material discussed and get ready for quiz.
Week 12 – (12/12/2016)	-5. Quiz to Give -Individual and pair exercises	-Evaluating the quiz and reviewing the material discussed.	-Read and get familiar with the concept of sports and health.
Week 13 – (19/12/2016)	-Sports and health. -Sports and social life.	-How is sports and health related? What are the pros and cons? -Practising health exercises.	-Review the material discussed and get ready for quiz. -Read and get familiar with the concept of sports and social life.
Week 14 – (26/12/2016)	6. Quiz to Give and final exam at the appropriate date determined by the faculty administration; -Health Exercises	-Evaluating the quiz; -Reviewing the subjects discussed so far; -Practising health exercises.	-Review the whole material discussed throughout the semester and get ready for the final exam.