

**TED UNIVERSITY FACULTY OF EDUCATION
GUIDANCE & PSYCHOLOGICAL COUNSELING PROGRAM**

PSCG 412 - PRACTICUM IN INDIVIDUAL COUNSELING 2
(1+4+0) 3 Credits/ 6 ECTS, Spring 2025

Section 02

Instructor: Nergis Hazal Yılmaztürk, PhD

Course Assistant: Şevval Özkan

Class time & place: Wednesday, 12:00-16:00 (F 106)

Section 03

Instructor: Nergis Hazal Yılmaztürk, PhD

Course Assistant: Şevval Özkan

Class time & place: Friday, 09:00-13:00 (F 112)

Contact: E-mail is by far the best way to contact us

Course Description: Counseling with individuals using basic counseling skills and methods under supervision.

Course Learning Outcomes:

Upon successful completion of this course, a student will be able to

1. Apply individual counseling skills and competencies such as: (a) Opening and closing an counseling session (b) Responding effectively to the needs of clients (c) Setting behavioral goals with clients
2. receive and respond supervision on issues related to client and interpersonal issues
3. follow the ethical guidelines
4. experience counseling sessions as a prospective counselor

COURSE POLICIES

I. TED University Code of Academic Integrity

TED University takes academic integrity seriously. **Please read through the entire code acquaint yourself with how violations are defined.** Entire code might be found at the following link: <http://www.tedu.edu.tr/Assests/Documents/Content/genel/TEDU-Academic-Catalog.pdf>

II. Attendance

This course requires your regular participation, attendance and punctuality. It is expected you to attend the class on a regular basis and be on time. The TEDU policy concerning attendance will be followed strictly. **Full attendance is required. In case of unusual circumstances (e.g., major illness, death of loved one), and only if you are able to provide documentation to support your excuse, you will not be noted as absent.**

III. Assignment Rules

All written assignment must be typed and prepared in APA style. It is expected that you turn in assignment on time.

[Publication Manual of the American Psychological Association. 6th Edition BF767.A512 2010 Ayşe Ilıcak Library D]

IV. Academic Honesty Policy

This course adheres to the academic honesty policy. I expect that all work submitted and presented by you will be your own original work and that the contributions of others will be openly acknowledged. Failure to adhere to this policy will result in disciplinary action.

V. Announcements

All announcements will be sent via your **LMS account**. You must check your account regularly in order to keep in touch with the course.

Textbooks:

1. Hackney, H. (1996). The professional counselor: A process guide to helping. (5th ed.). Allyn & Bacon.
2. Halbur, D. A. & Halbur, K. V. (2014). Psikolojik danışma ve psikoterapide kuramsal yöneliminizi geliştirme. (Çev. Bengü Ergüner Tekinalp, Şerife Işık Terzi). Ankara: Pegem Akademi.
3. Hill, C. E., & O'Brien, K. M. (2004). Helping skills: Facilitating exploration, insight, and action. Washington, DC: American Psychological Association.
4. Voltan-Acar, N. (2016). Yeniden Terapötik İletişim. (14. basım). Ankara: Nobel Yayınları.
5. Carkhuff, C. (2009). The Art of Helping (9th ed.). HRD Press.

Student Workload (Total 86 Hrs)

Individual Counseling Practice (21 hrs), Transcription (28 hrs), Discussions (14 hrs), Practising activities (10 hrs), Case study (10 hrs), Course Readings (3 hrs)

Planned Learning Activities & Teaching Methods

Telling/Explaining, Discussions/Debates, Questioning, Problem Solving, Demonstrating, Case Study, Reading, Web Searching, Group Work, Role Playing, Presentation.

Course Requirements

1. Assessment Methods & Criteria

a. Students will do at least 7 counseling sessions during the semester. 7-counseling session transcription. Each transcript will be submitted to the instructor with counseling progress notes in the class hour.

b. Formulating behavioral goal of the clients. (a-b %25)

c. Demonstration of appropriate counseling skills during class sessions; consistent demonstrations of professionalism, including adherence to ethical standards, prompt completion of assignments, initiative, attendance etc; active and appropriate participation in class. Participation includes constructively offering and receiving feedback from instructor and peers, as well as willingly interacting in any group assignment/discussion. (50%)

d. Summarizing as a counselor how they feel during the counseling session at the end of each transcript (self-criticism) (25%)

***Portfolios are to be handled in hard copy format.**

And please use spell-check and proofread as points might be deducted for an excessive number of careless errors.

Grading Scale:

Grade	Grade Points	Percentage Scores
AA	4.00	90 – 100
BA	3.50	85 – 89
BB	3.00	80 – 84
CB	2.50	75 – 79
CC	2.00	70 – 74
DC	1.50	60 – 69
DD	1.00	50 – 59
F	0.00	0 – 49
FX	0.00	–
P	–	–

Have a great semester!