

Asst. Prof. Yağmur Ar

Personal Information

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International Researcher IDs

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Publons / Web Of Science ResearcherID: G-5573-2018

ScopusID: 57209979461

Yoksis Researcher ID: 158248

Biography

Yağmur Ar graduated from METU Psychology Department with a bachelor degree in 2010 as the top scoring student of the department, and received her Ph.D. degree in Clinical Psychology Post-Bachelor Doctoral Program at the same university in 2017.

Starting to work as a research assistant at Psychology Department of METU in 2011, she provided teaching assistance to various under-graduate and graduate courses of clinical psychology, psychopathology and research methods. Besides, she performed lab sessions of these courses which were closely related with clinical and research applications. During her graduate training, Yağmur Ar provided psychotherapy to many patients over 1000 sessions in AYNA Clinical Psychology Unit at METU, and gave CBT, Schema Therapy and Psychoanalytic oriented clinical supervision to graduate students.

Her main research interests focus on psycho-social factors affecting well-being of chronically ill patients and their families, ambiguous loss in the context of chronic illnesses, impacts of suicidal loss on surviving family members, growth and resilience among caregivers of chronically ill patients, cultural factors in psychotherapy and factors affecting therapeutic relationship. Having been ranked as the 1st in the "Young Psychologists' Research Competition" coordinated by Turkish Psychological Association in 2012, she was also awarded with the "Year of the Thesis" by METU Prof. Mustafa Parlar Education and Research Foundation. Yağmur Ar has various international and national scientific publications. Besides, she took part in national and international projects as a researcher about psychological resilience after earthquakes and traditional healing methods; and had a chance to share her research findings in various national and international conferences.

She is still an editorial board member of AYNA Clinical Psychology Journal which had been started to be published in October 2014.

Education

Doctorate, Middle East Technical University, Clinical Psychology, Turkey 2010 - 2017

Middle East Technical University, Turkey 2005 - 2010

Foreign Languages

Foreign Languages

English

Italian

Academic Positions

Assistant Professor, TED University, Faculty of Arts and Sciences, Department of Psychology, 2018 - Present

Other, TOBB University of Economics and Technology, Psychology, 2017 - 2017

Research Assistant, Middle East Technical University, Psychology, 2011 - 2017

Other, 2011 - 2017

Academic and Administrative Experience

Cinsel Taciz Komisyonu Üyesi, TED University, Faculty of Arts and Sciences, Department of Psychology, 2023 - Present

Vice Dean, TED University, Faculty of Arts and Sciences, Department of Psychology, 2020 - Present

TEDÜ Toplumsal Cinsiyet Çalışmaları Merkezi, TED University, Faculty of Arts and Sciences, 2020 - Present

Birim Stratejik Plan Komisyonu Üyesi, TED University, Faculty of Arts and Sciences, Department of Psychology, 2022 - 2022

TEDU Copes, 2020 - 2021

"Eğitimin Sigortası Öğretmenlerimiz", 2019 - 2020

Courses

Doctorate

Seminar, Doctorate

Postgraduate

Master's Thesis I, Postgraduate, 2025 - 2026, 2024 - 2025, 2022 - 2023, 2021 - 2022, 2020 - 2021, 2019 - 2020, 2018 - 2019

Master's Thesis II, Postgraduate, 2025 - 2026, 2024 - 2025, 2023 - 2024, 2022 - 2023, 2021 - 2022, 2020 - 2021

Pre-Thesis Seminar, Postgraduate, 2020 - 2021, 2018 - 2019

Undergraduate

Graduation Paper and Seminar, Undergraduate

Theories of Personality, Undergraduate

Supervised Theses

Ar Karcı Y., Intergenerational transmission of relationship-related obsessive compulsive symptoms: Roles of insecure attachment styles and perfectionism, Postgraduate, S.Arı(Student), 2024

Ar Karcı Y., Intergenerational transmission of emotion regulation in the framework of the emotional cascade model through childhood emotional invalidation, Postgraduate, İ.Yılmazgil(Student), 2024

Ar Karcı Y., Identity development of children raised under state protection or foster care system: A grounded theory study, Postgraduate, B.NUR(Student), 2022

Ar Karcı Y., Intergenerational transmission of narcissistic symptoms through parental control: The protective role of father involvement, Postgraduate, B.Arpacıoğlu(Student), 2021

Ar Karcı Y., Moderating roles of father involvement and family protective factors on the relationship between maternal early maladaptive schemas and psychological symptoms of children, Postgraduate, Y.Mert(Student), 2021

Ar Karcı Y., Development of an instrument to measure paternal postpartum depression, Postgraduate, E.Usta(Student), 2021

Ar Karcı Y., DEVELOPMENT OF AN INSTRUMENT TO MEASURE PATERNAL POSTPARTUM DEPRESSION, Postgraduate,

E.USTA(Student), 2021

Gökler Danışman I, Ar Karcı Y., Impacts of parentification due to maternal depressive symptoms on the psychological symptomatology and interpersonal relationship quality of their young children: Protective role of father involvement, Postgraduate, S.Çelik(Student), 2021

Ar Karcı Y., Keser E., Investigation of substance use among late adolescents in terms of its relationship with parental acceptance rejection, self-control, anger and peer deviance, Postgraduate, E.Koşar(Student), 2021

Ar Karcı Y., An investigation into the intergenerational transmission of psychological intimate partner violence, Postgraduate, B.Özen(Student), 2021

Ar Karcı Y., Subjective meanings of death and bereavement among young people grieving for the death of a grandparent, Postgraduate, A.Karabayır(Student), 2019

Ar Karcı Y., Mediating roles of self-compassion, gratitude and forgiveness in the relationship between early maladaptive schemas and breakup adjustment : a mixed method study, Postgraduate, C.Fırıncı(Student), 2019

Jury Memberships

PhD Thesis Monitoring Committee Member, PhD Thesis Monitoring Committee Member, Ankara Üniversitesi, January, 2023

September, 2019

September, 2019

July, 2019

July, 2019

July, 2019

June, 2019

April, 2019

April, 2019

February, 2019

Articles

- I. **Structural stigma, gender-affirming interventions, and identity concealment as determinants of depression and life satisfaction among trans adults in 28 European countries**
Ünsal B. C., Ar-Karcı Y., Demetrovics Z., Reinhardt M.
International Journal of Transgender Health, vol.26, no.1, pp.145-156, 2025 (SCI-Expanded, SSCI, Scopus)
- II. **Examining the Basic Assumption of Psychoanalytic Theory Regarding Normal and Abnormal Grief: Roles of Unfinished Businesses and Bereavement Related Guilt**
Keser E., Ar Karcı Y., Danisman I.
OMEGA-JOURNAL OF DEATH AND DYING, vol.90, no.2, pp.783-804, 2024 (SSCI, Scopus)
- III. **"I was trapped": Psychological intimate partner abuse against women and its intergenerational transmission**
Özen B., Ar Y.
Klinik Psikoloji Dergisi, vol.8, no.2, pp.255-282, 2024 (TRDizin)
- IV. **"My body is a cage": A qualitative investigation into the self-discrepancy experiences of young women with metastatic cancer**
Kahraman Erkut Ö., Ar Karcı Y., Gençöz T.
CHRONIC ILLNESS, vol.20, no.1, pp.117-134, 2024 (SCI-Expanded)
- V. **"I have lost my second parent": developmental and cultural meanings of bereavement among turkish college students grieving for the death of a grandparent**
Karabayır A., Ar Karcı Y.
Current Psychology, vol.42, no.32, pp.28417-28430, 2023 (SSCI, Scopus)

- VI. **Validity and Reliability Study of Turkish Forms of the Quality of Relationships Inventory-Bereavement Version and the Bereavement Guilt Scale**
Keser E., Karci Y. A., Daniřman I. G.
Turk Psikiyatri Dergisi, vol.33, no.4, pp.263-273, 2022 (SSCI, Scopus)
- VII. **Turkish Muslim Healers: A Qualitative Investigation of Hocas and Their Methods**
CANEL ÇINARBAŞ D., Tuna E., Ar Karci Y.
JOURNAL OF RELIGION & HEALTH, vol.59, no.5, pp.2397-2413, 2020 (AHCI, SSCI, Scopus)
- VIII. **Examination of the Psychometric Properties of Marwit-Meuser Caregiver Grief Inventory-Short Form**
Ar Karci Y., KARANCI A. N.
TURK PSIKIYATRI DERGISI, vol.31, no.3, pp.192-200, 2020 (SSCI, Scopus, TRDizin)
- IX. **Does Marital Adjustment Mediate Type C Personality-Depressive Symptoms Relation? A Comparison between Breast Cancer Patients and Cancer-Free Women**
BOZO ÖZEN Ö., Ar Karci Y., Eldogan D.
CURRENT PSYCHOLOGY, vol.38, no.5, pp.1310-1317, 2019 (SSCI, Scopus)
- X. **Turkish Adult Children as Caregivers of Parents with Alzheimer's Disease: Perceptions and Caregiving Experiences**
Ar Karci Y., KARANCI A. N.
DEMENTIA-INTERNATIONAL JOURNAL OF SOCIAL RESEARCH AND PRACTICE, vol.18, no.3, pp.882-902, 2019 (SSCI, Scopus)
- XI. **Büyüklemeçilik ya da İncinebilirlik: NarsisistikKişilik Örgütlenmesinin Şema Terapi YaklaşımıÇerçevesinde Ele Alınması**
Ar Karci Y.
AYNA Klinik Psikoloji Dergisi, vol.1, no.3, pp.29-43, 2014 (TRDizin)
- XII. **Fallus ve Kastrasyon Kavramları Çerçevesinde BirAnne-Oğul İlişkisi: "Kevin Hakkında Konuşmalıyız"**
Ar Karci Y.
AYNA Klinik Psikoloji Dergisi, vol.1, no.1, pp.60-68, 2014 (TRDizin)

Books

- I. **Yorumlayıcı Fenomenolojik Analiz Uygulamalarında Araştırma Sorusu Oluşturma ve Örneklem Seçimi**
Ar Karci Y.
in: Psikolojide Nitel Araştırma Yöntemleri: Yaklaşımlar, Veri Analizi ve Uygulama Örnekleri, Tülin Gençöz, Editor, Nobel Yayınevi, Ankara, pp.19-29, 2022
- II. **Yorumlayıcı Fenomonolojik Analizin Psikoterapi Süreç Araştırmalarında Kullanımı**
Ar Karci Y.
in: Psikoterapide Süreç Araştırmaları - Nitel Araştırma Yöntemlerinin Psikoterapi Araştırmalarına Uygulanması, Sevdâ Sarı Demir, Editor, Nobel Yayıncılık, Ankara, pp.53-81, 2022
- III. **Madde Bağımlılığı**
Ar Karci Y.
in: Sosyal Bilimler Ansiklopedisi, Belgin Ayvaşık, Editor, TÜBİTAK, 2020
- IV. **Ar-Karci, Y.(2020).Madde Bağımlılığı. In B. Ayvaşık (Ed.). Sosyal Bilimler Ansiklopedisi. Ankara: TÜBİTAK**
Ar Karci Y.
in: Ar-Karci, Y.(2020).Madde Bağımlılığı. In B. Ayvaşık (Ed.). Sosyal Bilimler Ansiklopedisi. Ankara: TÜBİTAK, , Editor, TÜBİTAK, 2020
- V. **Ar-Karci, Y.(2020). Bilinç. In B. Ayvaşık (Ed.). Sosyal Bilimler Ansiklopedisi. Ankara: TÜBİTAK**
Ar Karci Y.
in: Ar-Karci, Y.(2020). Bilinç. In B. Ayvaşık (Ed.). Sosyal Bilimler Ansiklopedisi. Ankara: TÜBİTAK, , Editor, 2020
- VI. **Ar-Karci, Y.(2020). Uyku ve Rüyalar. In B. Ayvaşık (Ed.). Sosyal Bilimler Ansiklopedisi. Ankara: TÜBİTAK**

Ar Karcı Y.

in: Ar-Karcı, Y.(2020). Uyku ve Rüyalar. In B. Ayvaşık (Ed.). Sosyal Bilimler Ansiklopedisi. Ankara: TÜBİTAK, , Editor, TÜBİTAK, 2020

VII. **"Görülmeleyen Ebeveynler": Babalarda Doğum Sonrası Depresyon**

Ar Karcı Y., Usta E.

in: Anne Babalığa Psikolojik Bakış, Ece Bekaroğlu, Editor, Nobel Akademik Yayıncılık, pp.99-112, 2020

VIII. **Yaşlıların Karşılaştıkları Ailesel ve Toplumsal Sorunlar**

Ar Karcı Y.

in: YAŞLILARDA PSİKOLOJİK VE SOSYAL REHABİLİTASYON:, Gülbahar Baştuğ, Editor, 2018

Papers Presented at Peer-Reviewed Scientific Conferences

- I. **Erkeklik, Psikolojik Sorunlar ve Yardım Arama Davranışları Hakkında ne Söyler? Kırılgan Erkeklik ve Kastrasyon Kaygısı Temelinde Erkeklerin Psikolojik Yardım Arama Davranışlarına Yönelik Tutumlarının incelenmesi**
Günaydın A. B., Furat A., Bahadır A., Paylaşan B. L., Ülkü B. Ç., Doğan B., Berber D. S., Ertuğrul E. N., Çetin E., Şener E., et al.
Ulusal Psikoloji Lisansüstü Öğrencileri Kongresi, Antalya, Turkey, 5 - 07 September 2024, pp.210-211, (Summary Text)
- II. **Yakın İlişki Odaklı Obsesif Kompulsif Belirtilerin Kuşaklararası Aktarım**
Arı S., Ar Karcı Y.
59. Ulusal Psikiyatri Kongresi, Ankara, Turkey, 18 October 2023 - 22 August 2024, pp.84, (Summary Text)
- III. **Identity development of late-adolescents raised under state protection or foster care system: A grounded theory study**
Öztaylan B., Ar Karcı Y.
IV. Uluslararası Çocuk Koruma Kongresi, İzmir, Turkey, 3 - 07 October 2023, pp.20, (Summary Text)
- IV. **Babaların Erken Dönem Uyumsuz Şemalarının Kuşak Aşkın Aktarımı: Algılanan Özet Ebeveynlik Biçimlerinin Kuşak Aşkın Aktarımı ve Aracı Rolü**
Ocak M. G., Ar Karcı Y.
X. Işık Savaşır Klinik Psikoloji Sempozyumu, İzmir, Turkey, 2 - 03 June 2023, pp.213, (Summary Text)
- V. **Psikolojik Yakın Partner Şiddetinin Kuşaklararası Aktarımının İncelenmesi**
Özen B., Ar Karcı Y.
X. Işık Savaşır Klinik Psikoloji Sempozyumu, İzmir, Turkey, 2 - 03 June 2023, pp.123, (Summary Text)
- VI. **Ebeveyni şizofreni tanısı almış çocuklarda muğlak kayıp deneyimini açıklayan psikososyal ve politik mekanizmalar: bir temellendirilmiş kuram çalışması.**
Arkan İ., Ar Karcı Y., Ünal B.
21. Ulusal Psikoloji Kongresi, İstanbul, Turkey, 13 - 16 October 2022, pp.212, (Summary Text)
- VII. **Erkeklik ideolojisi ve psikolojik yardım arama davranışı ilişkisi: algılanan sosyal damgalama ve kendini açma beklentilerinin aracı rolü.**
Ceyran D., Akgün Ö. D., Ramazanoğulları Ö. N., Koral Z., Aydın Z. N., Akdoğan Y. G., Acar A. İ., Taylan A., Ar Karcı Y.
21. Ulusal Psikoloji Kongresi, İstanbul, Turkey, 13 - 16 October 2022, pp.228, (Summary Text)
- VIII. **Testing a Moderated Mediation Model of Paternal Postpartum Depression: Roles of Attachment Styles, Parenting Stress, Maternal Depression and Marital Satisfaction**
Usta E., Ar Karcı Y., Keser E.
17th European Congress of Psychology, Ljubljana, Slovenia, 5 - 08 July 2022, pp.245-246, (Summary Text)
- IX. **Familial and Cognitive Predictors of Psychological Symptoms Among University Students Living With their Families During the COVID-19 Pandemic**
Ar Karcı Y., Mouden B., Yaygın B., Saygılı S. S., Güler Ö. A., Pehlivan Ş., Çavuş M. Ç., Kurtuğlu Ç. M.
17th European Congress of Psychology, Ljubljana, Slovenia, 5 - 08 July 2022, pp.344, (Summary Text)
- X. **Does Father Involvement Buffer the Negative Impacts of Maternal Early Maladaptive Schemas on**

Offspring Psychological Problems? A Moderated Mediation Model

Mert Y., Ar Karcı Y., Gökler Danışman I.

17th European Congress of Psychology, Ljubljana, Slovenia, 5 - 08 July 2022, pp.244, (Summary Text)

- XI. **Geç Ergenlerde Madde Kullanımının Ebeveyn Kabul-Reddi, Öz Kontrol, Öfke ve Akran Sapması İlişkisi Açısından İncelenmesi**
Koşar E., Ar Karcı Y., KESER E.
- XII. **Does Self-Ambivalence Mediate the Relation between Parental Attitudes and Dissociative Symptoms?**
Sayın Ö., Ar Karcı Y.
- XIII. **Subjective Meanings of Death and Bereavement among Young People Grieving for Grandparent Loss**
Karabayır A., Ar Karcı Y.
- XIV. **Gökler Danışman, I., Deveci, O., & Ar-Karcı, Y. (2021). An investigation into the parentification experiences among male adolescents due to juvenile labour (oral presentation). 32nd International Congress of Psychology, 19-24 July, 2021 Prague, Czech Republic .**
Gökler Danışman I., Deveci O., Ar-Karcı Y.
- XV. **Impacts of Parentification due to Maternal Depression on Youth's Interpersonal Relationship Quality**
Çelik S., GÖKLER DANIŞMAN I., Ar Karcı Y.
- XVI. **Impacts of parentification due to maternal depression on youth's interpersonal relationship quality. Paper presented at International Adolescence and Youth Research Association Congress, April 29-May 2 (Virtual).**
Çelik S., Gökler Danışman I., Ar-Karcı Y.
- XVII. **An investigation into the parentification experiences among male adolescents due to juvenile labor. (oral presentation). 32nd International Congress of Psychology, 18-23 July 2021, Prague (Virtual).**
Gökler Danışman I., Deveci O., Ar-Karcı Y.
- XVIII. **Predictors of Depression, Anxiety, Anticipatory Grief and Growth in Turkish Offspring as Caregivers of Parents with Alzheimer's disease**
Ar Karcı Y., Karancı A. N.
- XIX. **YOKLUKLARI İLE YANIMIZDALAR: MUĞLAK KAYIP DENEYİMİNDE ANLAMI YENİDEN YAPILANDIRMA**
Ar Karcı Y.
1. Ankara Travma Sempozyumu, 19 - 20 October 2019
- XX. **Grandiosity or Vulnerability: Schema Therapy Approach for Narcissistic Personality Functioning and Implications on the Therapeutic Relationship**
Ar Karcı Y., Bekaroğlu E.
- XXI. **Suicide as a Dignified or Undignified Act: Social Representations of Suicide in a Predominantly Muslim Country**
Ar Karcı Y., Öner-Özkan B., Solmazer G.
- XXII. **The Moderator Roles of Illness Related Variables on the Relationship between Social Inhibition and Quality of Life among Breast Cancer Patients**
Ar Karcı Y., Bozo Ö., Kızıkoğlu E., Karanfil D.
- XXIII. **Components of Effective Supervision Process: Effects of Clinical Experience and Supervision on Insight of the Psychotherapists**
Ar Karcı Y., Ünal B., Gençöz T.
- XXIV. **Integration of Religion and Its Basic Assumptions into Cognitive-Behavioral Therapy**
Ar Karcı Y.
- XXV. **How do Turkish earthquake survivors perceive psycho-social impacts and psychological resilience?**
Karancı A. N., İkizer G., Doğulu C., Ar Karcı Y.
- XXVI. **How do Turkish earthquake survivors perceive psychological impacts and psychological resilience?**
KARANCI A. N., İKİZER G., DOĞULU C., AR Y.
13th European Congress of Psychology, Stockholm, Sweden, 9 - 12 July 2013, (Summary Text)

Activities in Scientific Journals

AYNA Klinik Psikoloji Dergisi, Editor, 2015 - Continues

Peer Reviews in Scientific Publications

Klinik Psikoloji Dergisi, National Scientific Refreed Journal, October 2024

TURK PSIKOLOJI DERGISI, December 2020

CURRENT PSYCHOLOGY, February 2019

PSYCHOLOGICAL REPORTS, January 2019

DEMENTIA : THE INTERNATIONAL JOURNAL OF SOCIAL RESEARCH AND PRACTICE, January 2019

PSYCHOLOGICAL REPORTS, October 2018

Scientific Project Refereeing

TUBITAK Project, 1002 - Quick Support Program, September 2024

TUBITAK Project, 1001 - Program for Supporting Scientific and Technological Research Projects, September 2024

Scientific Research / Working Group Memberships

Psy 200, 2020 - 2021

Integration of "English in Disciplines" to Theories of Personality Course, 2019 - 2019

Metrics

Publication: 46

Citation (WoS): 17

Citation (Scopus): 81

H-Index (WoS): 2

H-Index (Scopus): 6

Awards

AR KARCI Y., ODTÜ Prof. Dr. Mustafa N.PARLAR Eğitim ve Araştırma Vakfı Yılıın Tezi Ödülü, ODTÜ Prof. Dr. Mustafa N.PARLAR Eğitim ve Araştırma Vakfı, December 2017