

CURRICULUM VITAE



Short Bio

Ayşegül Aracı İyiyaydın born in 1984, İstanbul, Turkey. She graduated from İstanbul Nişantaşı Nuri Akın Anatolian High School and completed her B.A. in 2007, Boğaziçi University Faculty of Education, Department of Educational Sciences, Psychological Counseling and Guidance Program. She got a M.S. degree in 2012 from İstanbul University Çapa Faculty of Medicine, Family Health Program and a M.A. degree in 2018 from Middle East Technical University, Department of Educational Sciences, Psychological Counseling and Guidance Program, both with thesis. She worked as a coordinator school counselor between 2007-2012 at İstanbul İSTEK Foundation Acıbadem Private Primary School, and between 2012-2016 as a school counselor at Middle East Technical University Development Foundation High School. She has been continuing her Ph.D. education in Middle East Technical University since 2018 in the Psychological Counseling and Guidance Program.

1. Name Surname: Ayşegül Aracı İyiyaydın

2. Date of Birth and Place: August 13, 1984 / İstanbul

3. Title: Research Assistant

4. Education: Ph. D. Candidate

5. Organization: TED University, Department of Educational Sciences (September 2016-....)

6. Contact Information: Tel: +905395088910 e-mail: aysegul.iyiyaydin@tedu.edu.tr

Educational Background			
High School		Niřantaşı Nuri Akın Anatolian High School, graduate ranking third in school	2002
Bachelor's Degree	Department of Educational Sciences/Psychological Counseling and Guidance Program	Boğaziçi University	2007
Master's Degree	ÇAPA Faculty of Medicine, Child Health Institute/Department of Family Health/Mother-Child Health Program	İstanbul University	2012
Master's Degree	Social Sciences Institute/Department of Educational Sciences/ Psychological Counseling and Guidance Program	Middle East Technical University	2018
PhD Degree	Social Sciences Institute/Department of Educational Sciences/ Psychological Counseling and Guidance Program	Middle East Technical University	PH.D Candidate

7. Publications:

7.1. Articles published in international refereed journals (SSCI):

Ummak, E., Toplu-Demirtaş, E., & **Aracı-İyiaydın, A.** (in press). Absorbed homophobia, exposed violence: The present absence of lesbian and bisexual women identities in Turkey and Denmark. *Violence and Victims*. (SSCI-Q4)

Toplu-Demirtaş, E., & **Aracı-İyiaydın, A.** (2021). What goes around comes around: The loop of physical teen dating violence perpetration. *New Directions for Child and Adolescent Development*. <https://doi.org/10.1002/cad.20440> (SSCI-Q3)

Aracı-İyiaydın, A., Hatipoğlu-Sümer, Z. (2021). The mediational role of intimate partner acceptance and psychological adjustment in the relationship between intimate partner control and marital adjustment. *Current Psychology*. <https://doi.org/10.1007/s12144-021-01468-2> (SSCI-Q1)

Aracı-İyiaydın, A., Toplu-Demirtaş, E., Akçabozan-Kayabol, N. B., Fincham, F. D. (2020). I ruminate therefore I violate: The tainted love of anxiously attached and jealous partners. *Journal of Interpersonal Violence*. <https://doi.org/10.1177/0886260520967743> (SSCI-Q1)

Toplu-Demirtaş, E., Kayabol-Akçabozan, B., **Aracı-İyiaydın, A.**, Fincham, F. D. (2020). Unraveling the roles of distrust, anticipated partner infidelity, and jealousy in cyber dating abuse perpetration: An attachment theory perspective. *Journal of Interpersonal Violence*. <https://doi.org/10.1177/0886260520927505> (SSCI-Q1)

7.2. Articles published in other international refereed journals:

Karacan-Özdemir, N. & **Aracı-İyiaydın, A.** (2019). Ethical decision making for risky behaviors: A model for school counseling in Turkey. *Elementary Education Online*, 18(3), 15-26.

7.3. Articles published in national refereed journals:

Aracı-İyiyaydn, A., & Yılmaztürk, N. H., Serhatoğlu, S., & Çok, F. (2019). Social Networking Sites and adolescence: A content analysis of published studies. *Başkent University Journal of Education*, 6(2), 225-235.

Aracı-İyiyaydn, A., & Gökçay, G. (2018). The interplay between peer attachment and aggression in early adolescence: The mediator role of father and mother attachment. 20. *International Guidance and Psychological Counseling Congress Full Text Book*, 112-121.

7.4. Paper presentations presented at international conferences and published at conference proceedings:

Aracı-İyiyaydn, A., Çok, F., Altunay H., Atay, Ş., & Serttaş, Y. (2022). Stress and coping experiences of Turkish emerging adults during Covid-19: A qualitative study. International Child and Trauma Congress, 24-26 March, İzmir.

Aracı-İyiyaydn, A. & Çapa-Aydın, Y. (2021). A trial to measure helicopter parenting in a sample of Turkish adolescents. The European Conference on Educational Research, September 7, Virtual Conference, Geneva.

Toplu-Demirtaş, E., Akçabozan-Kayabol, B. & **Aracı-İyiyaydn, A.** (2021). Babe, will you cheat on me? The development of a new measure of perceived partner infidelity intentions, 2021 IARR Main Conference on Applied Relationship Science, August 11, Virtual Conference, United Kingdom.

Tuna, M. E., **Aracı-İyiyaydn, A.**, Karşı-Çalamak, E. (2019). Teacing in multicultural classes: The personality traits of teachers and their attitudes towards multicultural education. International Teacher Education and Accreditation Congress (ITEAC'2019), November 30 – December 1 , Ankara, Turkey.

Toplu-Demirtaş, E., **Aracı-İyiyaydn, A.**, & Akçabozan-Kayabol, B. (2019). Darling I don't trust you: Psychological Dating Violence from the Perspective of Anxious Violence, 2019 IARR Mini Conference on Applied Relationship Science, July 18-21, Brighton, United Kingdom.

Özmen, O. & **Aracı-İyiaydın, A.** (2018). The content of individual counseling course, perceptions and expectations for supervision: TED University Case. XX. International Psychological Counseling and Guidance Congress, October 25-27, Samsun, Turkey.

Aracı-İyiaydın, A., & Gökçay, G. (2018). The interplay between peer attachment and aggression in early adolescence: The mediator role of father and mother attachment. XX. International Psychological Counseling and Guidance Congress, October 25-27, Samsun, Turkey.

Saranlı, A., Deniz, K.Z., & **Aracı-İyiaydın, A.** (2018). A Research about the Views of Students about the Inovative Factors in our Education Program: There are enjoyable, interesting, challenging and choice friendly classroom activities in our schools (or not?). 27th International Conference on Educational Sciences, April 18-22, Antalya.

Aracı-İyiaydın, A., & Hatipoğlu-Sümer, Z. (2018). The associations among perceived intimate partner acceptance-rejection/control, psychological adjustment, and marital adjustment. 7th International Congress of Interpersonal Acceptance & Rejection, May 15-18, Athens, Greece.

Aracı-İyiaydın, A., & Yılmaztürk, N. H., Serhatoğlu, S., & Çok, F. (2017). Social Networking Sites and adolescence: A content analysis of published studies. 18th European Conference on Developmental Psychology, August 29-September 1, Utrecht, The Netherlands.

Aracı-İyiaydın, A., & Yılmaztürk, H. (2016). Psychological Analysis of a Series Character : Gregory House. Başkent University Psychology and Art Symposium V, October 13-14, Ankara.

Aracı-İyiaydın, A., & Karacan, N. (2016). Ethical and Legal Issues in School Counseling: Two Case Presentation. VI. National Congress on Applied Guidance and Psychological Counseling, December 1-3, Gaziantep.

7.5. Paper presentations presented at national conferences and published at conference proceedings:

Aracı-İyiyaydn, A. , & Yılmaztürk, H. (2016). Psychological Analysis of a Series Character : Gregory House. *Başkent University Psychology and Art Symposium V (Oral Presentation)*, October 13-14, Ankara.

Aracı-İyiyaydn, A., & Karacan, N. (2016). Ethical and Legal Issues in School Counseling: Two Case Presentation. *VI. National Congress on Applied Guidance and Psychological Counseling (Oral Presentation)*, December 1-3, Gaziantep.

7.6. Books and chapters published by national/international publishers:

Aracı-İyiyaydn, A. (submitted). Attachment Theory in Close Relationships. Burcu Üçok (Ed.), *Close Relationships*. Ankara: Nobel

7.7. Other publications:

Aracı-İyiyaydn, A. (2016). Success fear: A psychoanalytic view of self-sabotage. *Türk PDR Bulletin, 4 (28)*.

Aracı-İyiyaydn, A. (2017). Use of therapeutic cards in psychological counseling sessions. *Türk PDR Bulletin, 4 (28)*.

Aracı-İyiyaydn, A. (2021). What is wrong with loneliness? *Psikolektif, 11*.
<http://psikolektif.com/psikolektif-dergisi/psikolektif-dergisi-sayi-11-yalnizlik/>

Aracı-İyiyaydn, A. (2021). Ethical violations in school counseling withing the context of values. *Psikolektif Speaker's Corner*. <http://psikolektif.com/serbest-kursu/degerler-cercevesinde-okul-psikolojik-danismanliginda-sinir-ihlalleri/>

8. Projects:

September 2016-August 2018: BAP 16B0005/ Researcher, “*Structured Peer Group Supervision at TEDU*” (w/ Assist. Prof. Onur Özmen)

February 2017- September 2017: TEDU LAD Project / Project Advisor / “*Investigating the Relationship Amongst Parents’ Screen Time, Children’s Screen Time and Maturity of Children’s Drawings*” (w/ Assist. Prof. Ceyda Öztekin)

May 2017- June 2018 : TÜBİTAK 3001 115K814 Project Assistant, “*The Effects of Enrichment Methods Based on the Schoolwide Enrichment Model on Primary School Children*”

Project Coordinator: Ass. Prof. Dr. Adile Gülşah Saranlı, TED University, ANKARA.

November 2018- : TÜBİTAK 1003 215K478 Project Assistant, “*MIGRA-MATH: Supporting Teachers of Immigrant Students with Respect to their Mathematics Education Professional Practices*”

Project Coordinator: Ass. Prof. Dr. Mana Ece Tuna, TED University, ANKARA.

January 2022-.....: TEDU LAD Project / Project Advisor/ “*The Effect of University Students’ Participation in a Sexual Awareness-Based Training Program on Beliefs in Sexual Myths, Sexual Attitudes, and Sexual Knowledge*”

9. Ongoing Research Submitted for SSCI Journals:

Aracı-İyiydın, A., Çok, F., Atay, Ş., & Serttaş, Ş. Y. (in review). Stress and coping experiences of Turkish emerging adults during COVID-19: A qualitative study. *Emerging Adulthood*

Çetinkaya-Yıldız, E., **Aracı-İyiydın, A.,** & Toplu-Demirtaş, E. (in review). No trust no satisfaction: The ill fortune of insecure attachment in marriage. *Journal of Marriage and Family*

Toplu-Demirtaş, E., & Aracı-İyiydın, A. (in review). Seeding a change on knowledge about, attitudes towards, and perceptions of dating violence in Turkish prospective counselors: Effectiveness of a prevention program. *Journal of Counseling and Development*.

Aracı-İyiydın, A., Toplu-Demirtaş, Akçabozan-Kayabol, B., & Rohner, R. P. (in review). All you fear is love: Recollections of parental rejection moderated by intimate partner rejection and gender result in the fear of intimacy in adulthood. *Personal Relationships*.

Aracı-İyiydın, A., & Ergun, A. (in review). When womanhood turns into otherhood: Choosing childlessness in Turkey. *Journal of Middle East Women's Studies*.

Toplu-Demirtaş, E., Soysal, E., Mesut, C., & Aracı-İyiydın, A. (in review). Making the myths of dating violence visible: Developing a new scale and testing its psychometrics through cross-sectional and longitudinal evidence. *Journal of Interpersonal Violence*.

Özmen, O., Aracı-İyiydın, A., & Altunay-Yılmaz, H. (in preparation). "That which does not kill us, makes us stonger", does it so? Post-traumatic growth in Turkish medical doctors during COVID-19. *Journal of Loss & Trauma*.

Akçabozan-Kayabol, B., & Aracı-İyiydın, A. (in preparation for a special issue). A systematic review on work-life balance of same-sex couples. *Journal of Social and Personal Relationships*.

Aracı-İyiydın, A., & Çapa-Aydın, Y. (in preparation). Children who are not allowed to be grown up: A trial to measure helicopter parenting in a sample of Turkish adolescents. *Educational and Psychological Measurement*.

10. Courses Offered

2020-2021 Fall: Internship III - Individual Counseling (MEF University, Psychological Counseling and Guidance Program)

2020-2021 Spring: Internship IV – Group Counseling (MEF University, Psychological Counseling and Guidance Program)

11. Affiliations:

Boğaziçi University Graduates Foundation (BÜMED)

Turkish Psychological Counseling and Guidance Foundation

Turkish Psychological Counseling and Guidance Association Bulletin Editor Team Member
(June 2016- September 2017)

Turkish Psychological Counseling and Guidance Association Bulletin Editor (since October
2017)

12. Professional Trainings

September 26, 2007–January 27, 2008 (40 hours): Cognitive Intervention Model Education for Learning Problems, Ass. Prof. Tamer Ergin, Altis Neurology and Psychological Counseling Center, İstanbul.

October 2007-January 2008 (36 hours): Introduction to Psychological Counseling Seminars, GÜNCE Psychological Counseling Center, İstanbul.

October 3-4, 2007 (16 hours): Child Psychopathologies, Psychiatrist Dr. Evren Tufan, Logos Psychological Counseling Center, İstanbul.

September 2009–June 2010 (80 hours): Evaluation of Child and Adolescent Drawings with Projective Methods, Clinical Psychologist Funda Akkapulu, Rorschach and Projective Tests Foundation, İstanbul.

August 19-22 2010 (20 hours): Solution-Focused Therapy, Nevin Dölek, Bakış Psychological Counseling Center, İstanbul.

September 2012- June 2013 (96 hours): Supervision, Prof. Dr. Bahar Gökler, Dr. Clinical Psychologist Çağay Dürü, Carpe Diem Psychological Counseling Center, Ankara.

October 1, 2013 – June 23, 2014 (80 hours): Family and Marriage Therapy 1st and 2nd levels, Prof. Dr. Hürol Fışiloğlu, Middle East Technical University Lifelong Education Center, Ankara.

October 5, 2013- January 2015 (150 hours): Rorschach Test Training and Supervision-
Clinical Psychologist İrem Erdem Atak, Rorschach and Projective Tests Foundation, İstanbul.

February 27-28, 2014 (12 hours): Using Therapeutic Cards in Counseling Sessions, Nevin
Dölek, Bakış Psychological Counseling Center, İstanbul.

March 20, 2015 (4 hours): “Preventive Approaches and Implementations For Drug
Addiction in High Schools”, Prof. Dr. Kültegin Ögel, Mentha Clinic, İstanbul.

13. Administrative Duties

(2018-....) Member, TEDU Faculty of Education, Commission of Accreditation

(2018-2019) Member, TEDU Faculty of Education, Commission of Web and Social Media

(2020-2021) Komisyon Üyesi, TEDÜ Eğitim Fakültesi Öğrenci Destek Komisyonu

14. Organizational and Professional Services:

December 20, 2020: “Psychological Well-Being in Pandemic” seminar (high school
students of Fen Bilimleri Schools in different cities of Turkey)

January 21, 2021: “How to Manage the Process of National Exam Preparation” (8th grade
students of TED Çorum College)

February 25, 2021: “How to Manage the Process of National Exam Preparation” (All TED
8th grade students with full scholarship)

March 8, 2021: “Parenting in the Process of National Exam Preparation” (TED Kocaeli
Parents of 8th grade students)

15. Other Work Experience (Education, Industry etc.):

August 2012 – July 2016: Middle East Technical University Development Foundation
Private High School Counseling Service as Psychological Counselor (Ankara-Turkey)

August 2007 – June 2012: İstek Foundation Private Primary School Counseling Service – Coordinator Psychological Counselor (İstanbul-Turkey)

September 2006-May 2007: Kabataş Male Anatolian High School and Saint Pulcherie French High School Counseling Services as Intern for one year (two days a week) (İstanbul-Turkey)