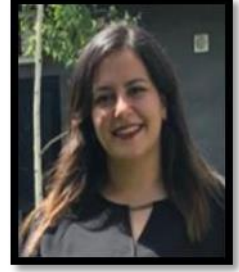


## CURRICULUM VITAE

- 1. Name-Surname:** Nergis Hazal YILMAZTÜRK
- 2. Date of Birth:** 15.04.1993
- 3. Title:** Lecturer
- 4. Education:** PhD(candidate)
- 5. Organization:** 2015- ...  
TED University, Department of Educational Sciences  
Psychological Counseling and Guidance Program
- 6. Contact:**  
Phone: +90 312 585 0 251  
E-mail: hazal.yilmazturk@tedu.edu.tr / hazal.yilmazturk@gmail.com



Degree	Field	Organization	Year
Bachelors	Psychological Counseling and Guidance	<b>Başkent University</b>	2015
Erasmus LLP	Psychology & Pedagogy	<b>Kazimierz Wielki University</b> (National Agency scholarship)	2013
Masters	Psychological Counseling and Guidance	<b>Middle East Technical University</b>	2018
PhD (candidate)	Psychological Counseling and Guidance	<b>Middle East Technical University</b>	ongoing

### 7. Publications:

#### 7.1. Books and book chapters:

- **Yilmaztürk, N.H.** (2022). *Çocuk ve Ergenlerde Yeme Bozuklukları*. (Ed.) Begüm Serim-Yıldız & S.Burcu Üçok. Çocuk ve Ergenlerle Psikolojik Danışma. Nobel.
- Atay, B. & **Yilmaztürk, N.H.** (2022). *Yakın İlişkilerde Cinsellik*. (Ed.) S.Burcu Üçok. Yakın İlişkiler. Nobel.
- Voltan-Acar, N., Aracı-İyiaydın, A., Atay, B., Barbuoğlu, Y., Yeler, Z., & **Yilmaztürk, N.H.** (2020). *Psikolojik Danışma ve Rehberlik Terimler Sözlüğü*. Nobel.

#### 7.2. Articles in international refereed journals:

- Kruczek, A., **Yilmaztürk, N.H.**, Borzyszkowska, A. & Serim-Yıldız, B. (in preparation). *The mediator role of cognitive flexibility on the relationship between coronavirus anxiety and eating attitudes of Polish and Turkish university students*. (with cooperation of Kazimierz Wielki University). *Health & Ethnicity* (SSCI).

- **Yilmaztürk, N.H.**, Er, S., Özgül, T., & Çok, F. (2022). Parents' shares on Instagram in the early days of COVID-19 pandemic. *Turkish Journal of Education* (ESCI).
- **Yilmaztürk, N.H.**, Demir, A. & Çelik-Örücü, M. (2022). *The mediator role of emotion-focused coping on the relationship between perceived stress and emotional eating*. Trends in Psychology. DOI: 10.1007/s43076-022-00142-1 (APA PsylInfo).
- Maraşlı, M., Er, S., **Yilmaztürk, N.H.** & Çok, F. (2016). Parents' shares on social networking sites about their children: Sharenting. *Anthropologist*, 24(2), 399-406. (Scientific World Index)

### 7.3. Paper presentations presented at international conferences and published at conference proceedings:

- Serim-Yıldız, B., Erdoğan, T. & **Yilmaztürk, N.H.** (2022). Trauma-Informed Models For Preschooler Parents: A Content Analysis. International Child and Adolescence Research Congress, İzmir, Turkey.
- Çok, F., **Yilmaztürk, N.H.**, Özgül, T. & Er, S. (2022). Anababalar Sosyal Medyada Çocuklarını Paylaşmalarına (*Sharenting*) İlişkin Tehlikenin Ne Kadar Farkında? International Child and Adolescence Research Congress, İzmir, Turkey.
- **Yilmaztürk, N.H.**, & Serim-Yıldız, B. (2021). Ethical decision-making models in GPC. 22<sup>nd</sup> International GPC Congress, Muş, Turkey (online).
- Serim-Yıldız, B., & **Yilmaztürk, N.H.** (2021). Counseling Students' Perceptions Related to Ethicality with regard to Socio-cultural Differences. 32<sup>nd</sup> International Congress of Psychology, Prague, Czech Republic.
- **Yilmaztürk, N.H.**, Serim-Yıldız, B., & Erdur-Baker, Ö. (2021). Ruminasyonun cinsiyet ve korku arasındaki ilişki üzerindeki aracı rolü. International Child and Adolescence Research Congress, İzmir, Turkey.
- **Yilmaztürk, N. H.**, Demir, A., & Çelik-Örücü, M. (2019). The relationship between perceived stress and emotional eating: The role of emotion focused coping. 33<sup>rd</sup> Annual Conference of European Health Psychology Society, Dubrovnik, Croatia.
- **Yilmaztürk, N.H.** & Yılmaz, O. (2018). Yükseköğretime geçişte beliren kariyer bilgilendirme ihtiyaçları. 20<sup>th</sup> International GPC Congress, Samsun, Turkey.
- Aracı-İyiyaydın, A., **Yilmaztürk, N.H.**, Serhatoğlu, S., & Çok, F. (2017). Social networking sites and adolescence: A content analysis of published studies, 18th European Conference on Developmental Psychology, Utrecht, The Netherlands.
- Çok, F. & **Yilmaztürk, N.H.** (2017). Community service experience of undergraduate counseling students, Constructing AcTive CitizensHip with European Youth Conference, Athens, Greece.

- **Yılmaztürk, N.H., Ünal, B., Temizöz, T., & İnan, A. (2017).** Relationship between community service involvement and basic empathy levels: Determination and improvements of community service participation among TED University Students, Constructing Active Citizenship with European Youth Conference, Athens, Greece.
- Maraşlı, M., Er, S., **Yılmaztürk, N.H., & Çok, F. (2015).** Parents' shares on social networking sites about their children, II. Cyprus International Education Research Congress, Kyrenia, Turkish Republic Of Northern Cyprus.

#### 7.4. Articles in national refereed journals:

- Serim-Yıldız, B. & **Yılmaztürk, N.H.** (in press). Ethical position of prospective counselors with relation to mindfulness. *Bartın University Journal of Faculty of Education* (TÜBİTAK ULAKBİM TR Dizin).
- Üçok, S.B., **Yılmaztürk, N.H.** & Atay, B. (in press). Facebook jealousy and attachment: the mediator role of jealousy and loneliness. *Adıyaman Üniversitesi Sosyal Bilimler Enstitüsü Dergisi* (TÜBİTAK ULAKBİM TR Dizin).
- Özgül, T., Er, S., **Yılmaztürk, N.H., & Çok, F. (2022).** Anababaların çocuklarıyla ilgili sosyal medya paylaşımları (*Sharenting*). *Ankara Üniversitesi Eğitim Bilimleri Fakültesi Dergisi*, 55(1), 239-262. (TÜBİTAK ULAKBİM TR Dizin).
- Aracı-İyiyaydın, A., Çok, F., **Yılmaztürk, N. H.** & Serhatoğlu, S. (2019). Sosyal Medya Siteleri ve Ergenlik: Yayımlanmış Çalışmaların İçerik Analizi. *Başkent Üniversitesi Eğitim Dergisi*, 6(2), 225-235. (TÜBİTAK ULAKBİM TR Dizin).

#### 7.5. Paper presentations presented at national conferences and published at conference proceedings:

- Demirutku, K., Yeler, Z., & **Yılmaztürk, N.H.** (2018). Öğretmen adaylarında sosyal sorumluluk düzeyi, sığınmacılara yönelik tutum ve özgecilniyetler arasındaki ilişkilerin incelenmesi. *I. Sığınmacı ve Mültecilerde Psikolojik Sağlık Sempozyumu*, Ankara.
- **Yılmaztürk, N.H.** & Aracı-İyiyaydın, A. (2016). İki dizi karakterinin psikolojik analizi: Fiona Gallagher (Shameless) ve Gregory House (House M.D.). *V. Psikoloji ve Sanat Sempozyumu*, Ankara.

#### 8. Projects:

- **Erasmus+ Teacher Academies 2022 - Scholarship holder** (will be submitted in September, TEDU is among stakeholders, executive organization: METU)
- **TÜBİTAK 3501: Trauma-Informed Models For Preschooler Parents - Scholarship holder** (submission phase, Supervisor: Dr. Begüm Serim-Yıldız)
- **TÜBİTAK 2237: Kurumdan Uygulamaya Nitel Araştırma Eğitim (KUNA) III – Lecture Assistant** (2021, Supervisor: Prof. Dr. Sibel Balcı)
- **TEDU LAD (Bachelor Research Fund) – Project Supervisor** (2017) Relationship between community service involvement and basic empathy levels: Determination and improvements of community service participation among TED University students (*Project Team*: senior GPC students of 2017, Burcu Ünal, Tuğçe Temizöz, Aybüke İnan)

## 9. Administrative Duties/Organizational and Professional Services:

(2019-...) TEDU, Faculty of Education, Career Development and Graduate Follow-up Commission

(2018-2021) TEDU, Faculty of Education, Promotion Commission

(2018-2021) TEDU, Faculty of Education, Organization Commission

(2016-2021) TEDU, Faculty of Education, Web and Social Media Commission

## 10. Affiliations:

- Turkish Psychological Counseling and Guidance Association
- European Health Psychology Society (EHPS)
- Adolescence and Youth Research Association
- TED Ankara College Alumni

## 11. Grants:

- Başkent University Psychological Counseling and Guidance Program, *Top Scoring Student of Class of 2015*
- National Agency, Erasmus LLP, 2013

## 12. Professional Development:

- CBT in Treatment of Eating Disorders (Prof.Dr. Aslıhan Dönmez, CBPA, 2023)
- Cognitive Behavioral Therapy – Skills Modul (30 hours, Prof. Dr. Hakan Türkçapar & CBPA, 2022)
- Cognitive Behavioral Therapy – Primary Modul (50 hours, Prof. Dr. Hakan Türkçapar & CBPA, 2021)
- Emotional Eating (Psk. & Dyt. Alara Kerimler, 2021)
- Eating Disorders (Psk. & Dyt. Alara Kerimler, Modul 1&2, 2020)
- Structural Equation Modeling During Publication and Thesis Processes (Prof. Dr. Ömer Faruk Şimşek, 2020)
- Applying mindfulness techniques to enhance health and well-being (Dr. Rebecca Acabchuk, Suzanne Meunier, Natalie Griffin; EHPS, 2019)
- Meta-Thematic Analysis (Anı Winter School, 2020)
- NVIVO for Beginners (Anı Winter School, 2020)
- Introduction to CBT (Dr. Monica Wilkoszcz; University of Kazimier Wielki, 2013)
- Psychodrama (*14 weeks* by Psychodramatist Prof. Dr. Türkan Doğan and Psychodramatist Psy. Coun. Specialist Mine Kazak, Başkent University)
- Erken Çocukluk Sanat Eğitiminde Sanat Eleştirisi (Birge Çocuklar İçin Sanat Tasarım ve Mimarlık Atölyesi)
- Etkili İletişim ve Beden Dili (TEDMezDer)
- Intervention Prevention Studies Workshop (by Prof. Hâkan Statin and Prof. Metin Özdemir, TEDU SEM)
- Yaşam Rehberliğinde Bilinçaltı Teknikleri (TEDMezDer)
- Özel Öğrenme Güçlüğü - Okul ve Aileler Semineri (TEDU)

**13. Other Work Experience (Education, Media etc.):**

- Peer Counselor at Başkent University, 2014 Summer
- Counseling Intern at Gazi University Hospital Adult Psychiatry Service, 2014 (*14 weeks* within Mental Health Course at Başkent University)
- *Genç Düşünce*, Kanal B (2015)
- *Doğru Tercih*, Kanal B (2019)
- *Özne*, Radio TEDU (2022)
- *TEDU 400* Emotional Eating Seminar (TEDU CTL, 2022)