

## Curriculum Vitae

1. **Name Surname:** Zehra YELER
2. **Date of Birth:** 15.01.1994
3. **Title:** Research Assistant
4. **Education:** Bachelor's degree
5. **Organization:** February, 2019 - ... TED University Department of Educational Sciences, Guidance and Psychological Counseling
6. **Communication:**  
E-mail: zehra.yeler@tedu.edu.tr



| Degree    | Field                                 | University      | Year       |
|-----------|---------------------------------------|-----------------|------------|
| Bachelor  | Guidance and Psychological Counseling | TED University  | 2018       |
| Master    | Guidance and Psychological Counseling | Gazi University | 2021       |
| Doctorate | Guidance and Psychological Counseling | Gazi University | 2022-Still |

### 7. Publications:

7.1. Articles published in peer reviewed international journals (SCI, SSCI Arts and Humanities):

---

7.2. Articles published in other peer reviewed international journals: ---

7.3. Papers delivered in international conferences and printed as proceedings:

- Berber, K., **Yeler, Z.**, Özdoğan, H. K., & Çok, F. (2021). Validity and reliability study of Turkish Version of Crisis Screening Questionnaire-9. 10th SSEA Conference: Wellbeing During Emerging Adulthood: Challenges & Opportunities. (Abstract Book/Presentation)
- **Yeler, Z.**, Berber, K., Özdoğan, H.K., & Çok, F. (2021). Challenges experienced by 20-35 ages and the quarter life crisis. International Adolescence and Youth Research Congress. (Abstract Book/Presentation)
- **Yeler, Z.**, & Yüksel, G. (2021). The relationship between psychological inflexibility and quarter life crisis in emerging adults. International Adolescence and Youth Research Congress. (Abstract Book/Presentation)

7.4. Articles published in peer reviewed national journals:

- **Yeler, Z.**, Berber, K., Özdoğan, H. K., Çok, F. (2021). Quarter life crisis among emerging adults in Turkey and its relationship with intolerance of uncertainty. *Turkish Psychological Counseling and Guidance Journal*, 11(61), 245-262. <https://dergipark.org.tr/tr/pub/tpdrd/issue/63470/960767>

7.5. Papers delivered at national conferences and printed as proceedings:

- Demirutku, K., **Yeler, Z.**, & Yılmaztürk, N.H. (2018). The examination of relationships between social responsibility, attitudes towards and altruistic

intentions about refugees among prospective teachers. I. Psychological Health Symposium for Asylum Seekers and Refugees, Ankara.

**7.6. Books and sections in books published internationally/nationally:**

- **Yeler, Z.** & Mercan, M. N. (2022). Romantik ilişki türleri. S. B. Özgülük Üçok (Ed.), *Yakın İlişkiler* içinde (1. Basım, s. 97-123). Nobel Akademik Yayıncılık.
- Aracı İyiyaydın, A., Atay, B., Kepir, D. D., Dinçel, E. F., Arıcı, F., Yılmaztürk, N. H., Haskan Avcı, Ö., Ulaş, Ö., Demirtaş Zorbaz, S., Kızıldağ, S., Acar, T., Barburoğlu, Y., & **Yeler, Z.** (2020). *Psikolojik Danışma ve Rehberlik Terimleri Sözlüğü* (N. H. Voltan Acar, Ed.; 3rd ed.). Nobel Akademik Yayıncılık.
- Demirkıran, A. M., Demirutku, K., Yılmaz, O., İyiyaydın, A. A., Kamacı, Y., & **Yeler, Z.** (2019). III. International teacher education and accreditation congress book of proceedings. **Z. Yeler (Ed.)**

**7.7. Other publications: ---**

**8. Projects:**

- TEDU IRF Project – Counseling Students’ Inquiry of Online Psychological Counseling Project Team Member (July, 2022 - still)
- TEDU-URF Project – Computer-Based Psychological Support for First-Year College Students: TEDU Sample – Co-advisor

**9. Administrative designations:**

April, 2019 – October, 2019: Commission Member – TEDU Faculty of Education, WEB and Social Media Commission

October, 2019 – October, 2020: Head of the Commission – TEDU Faculty of Education, WEB and Social Media Commission

October, 2020 - Still: Commission Member – TEDU Faculty of Education, Quality Commission

**10. Membership in scholarly institutions:**

- Adolescence and Youth Research Association
- Turkish Psychological Counseling and Guidance Association
- The European Society for Research in Adult Development (ESRAD)

**11. Awards: ---**

**12. Vocational development services:**

- Acceptance and Commitment Therapy Theoretical and Applied Training (42 hours)  
27.06.2020 – 30.08.2020

Coordinator: Assoc. Prof. K. Fatih Yavuz

Certified by Cognitive Behavioral Psychotherapy Association and Turkish Contextual Sciences and Psychotherapy Association

- Online Counseling Training (8 hours)

Certified by Turkish Psychological Counseling and Guidance Association

- Quality Rights Online Training: Mental Health, Recovery and Community Inclusion (16 hours)

Certified by World Health Organization (WHO)

**13. Other work experiences: ---**

**14. Patents etc.: ---**